Clinical Assessment

LESSON 5

Write down 5 key questions that you would ask about a client's chief complaints. Take time to clarify the wording and practice them with a few people.*

Record your speech during a random conversation with a friend. Then, do a speech analysis of you and the person whom you are speaking with. Which gunas and doshas are exemplified and do they correspond to prakruti and vikruti?*

Analyze 3 people's tongue and nails. Then, correspond the results with their complaints, symptoms, and prakruti. Does this give insight or raise other questions?*